



MENTAL HEALTH THERAPIST POSITION OPENING

At Head & Heart Therapeutic Solutions, we specialize in transformative trauma work that goes beyond traditional talk therapy. We are passionate about lifelong learning and dedicated to continually challenging ourselves through the adoption of evidence-based interventions (we're currently fired up about IFS and EMDR). Our approach emphasizes effective and ethical treatment, integrating new skills and perspectives into authentic and warm clinical relationships.

We are seeking clinicians committed to integrating the body and mind into the healing process. As part of our commitment to holistic care, we collaborate with an on-site Health Coach who supports the practical aspects of behavioral health, laying the foundation for transformative healing.

We are deeply committed to building a diverse team. We recognize the trauma inflicted by racism, fatphobia, and other forms of discrimination. We are looking for clinicians who engage in ongoing self-reflection, actively work to unlearn biases, and are passionate about healing on both an individual and societal level. We work to build self-aware clinicians who practice anti-racism and activism against all forms of discrimination (such as religion, body size, heritage, immigration status, age, sexual orientation, and gender identity).

We cultivate a supportive, growth-oriented, and professionally challenging work environment for clinicians. Our goal is to help clinicians develop their best practice by fostering professional growth and nurturing appropriate boundaries to support a healthy and sustainable work-life balance.

We offer 1099 contractor positions, providing a high rate of pay without benefits. Contractors receive compensation based on a percentage of billable hours, which range between \$100-220 per session. This structure allows for maximum flexibility and independence. Clinicians benefit from an efficient administrative experience, a supportive environment, and abundant opportunities for connection and growth.

Benefits of joining:

- Commitment to work-life balance and self-care: Flexible hours, self-determination in scheduling
- Competent, responsive, and friendly administrative support. We'll :
 - Find clients for you
 - Credential and panel you with top insurers
 - Handle scheduling, intakes, and billing
 - Provide HIPAA-compliant phone, EHR and video platforms
 - Manage the office space and practice details
 - Support you through challenges such as regulatory changes, records releases, subpoenas, medical leaves, client crises, etc

- Continued professional development & supportive consultation:
 - Annual training budget
 - Monthly support meeting
 - Clinical “Book Club” self-study groups
 - Monthly clinical consultations, some peer-led and others facilitated by experts in specialized treatments
- Community building:
 - Cohesive team of therapists and support staff
 - Weekly mindfulness/yoga sessions
 - Community event participation/sponsorship
 - Regular social gatherings
 - Annual retreats
- High Rate of pay: you determine your caseload size. We only contract with insurers who reimburse at the highest rates.
- Well-appointed and comfortable office spaces filled with natural light, intentional touches, and plant-y vibes located in the Commons

Requirements:

- LPC, LCSW, LMFT, or psychologist with a current Michigan License and at least 3 years of outpatient mental health experience
- Well-versed in integration of evidence-based interventions into treatment
- Commitment to humble, effective and joyful client care
- Openness to self-study and ongoing work to identify and challenge internalized biases and cultural assumptions
- Commitment to challenging external systems of oppression and trauma
- Positive attitude, independent and driven work style
- Direct and mature communication style
- Demonstrated ability to be on time, detail-oriented and consistent
- Excellent verbal and written communication skills

Send your resume and cover letter to Caroline Thomas: caroline@headandhearttc.com

Job Type: Contract